

# What is Kinetic Energy?

## Worksheet

Kinetic energy is  $KE = mv^2$ , measured in joules (J), where  $m$  is mass in kg and  $v$  is velocity in m/s. Because velocity is squared, doubling speed quadruples the kinetic energy.

$$KE = \frac{1}{2}mv^2$$

## Questions

1. A 4 kg object moves at 5 m/s. What is its kinetic energy?

- A) 25 J
- B) 50 J
- C) 100 J
- D) 20 J

2. If an object's velocity doubles, its kinetic energy

- A) doubles
- B) quadruples
- C) stays the same
- D) halves

3. What is the SI unit of kinetic energy?

- A) Newton
- B) Joule
- C) Watt
- D) Pascal

4. A ball at rest ( $v = 0$ ) has what kinetic energy?

- A) Maximum
- B) Zero
- C) Negative
- D) Infinite

5. A 2 kg object moves at 3 m/s. Find its kinetic energy.

6. A 1000 kg car travels at 20 m/s. Find its kinetic energy.

7. A 1 kg ball moves at 10 m/s. Find its kinetic energy.

8. Define: What is kinetic energy?

9. Define: What is the formula for kinetic energy?

10. Define: What is the unit of kinetic energy?

## Answer Key

1. B)  $50 \text{ J} - KE = 45 = 425 = 50 \text{ J}$ .
2. B) quadruples - KE depends on  $v$ , so doubling  $v$  multiplies KE by 4.
3. B) Joule - Energy, including kinetic energy, is measured in joules.
4. B) Zero - With  $v = 0$ ,  $KE = m(0) = 0$ .
5.  $KE = mv = 23$   $KE = 29 = 9 \text{ J}$
6.  $KE = mv = 100020$   $KE = 1000400 = 200 \text{ 000 J} = 200 \text{ kJ}$
7.  $KE = mv = 110$   $KE = 1100 = 50 \text{ J}$
8. The energy a body has due to its motion:  $KE = mv$ , measured in joules.
9.  $KE = mv$ , where  $m$  is mass (kg) and  $v$  is velocity (m/s).
10. The joule (J), the SI unit of energy.

### **Bounlu**

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